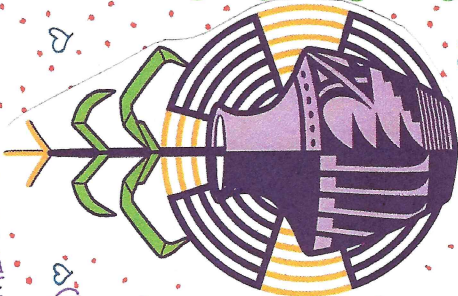


EVERY BODY IS SACRED
YOUR BODY

TEEN HEALTH INCLUDES
 PHYSICAL HEALTH
 EMOTIONAL HEALTH
 MENTAL HEALTH
 HEALTHY RELATIONSHIPS
 SOCIAL ENVIRONMENTAL JUSTICE
 SPIRITUAL HEALTH

THIS ZINE WAS CREATED BY YOUNG PEOPLE AT THE 2019 NATIVE YOUTH SUMMIT!!!
 #WEARETHEMOVEMENT
 SUPPORTED BY VERIZON WIRELESS HOPELINE
 FOLLOW @CSVANW



WAY TO GET INVOLVED!!!
 STAND UP AGAINST DRUG & ALCOHOL ABUSE
 SPEAK YOUR TRIBAL LANGUAGE
 PEER-TO-PEER EDUCATION
 KEEP OUR TRIBAL COMMUNITIES CLEAN

OUR NATIVE COMMUNITIES CAN HELP US BY...
 JOIN OUR DIRECT ACTIONS TO PROTECT OUR LAND & WATER
 SPREAD AWARENESS
 LISTEN TO YOUNG PEOPLE
 STAND IN SOLIDARITY WITH NATIVE YOUTH
 HELP YOUNG PEOPLE SPEAK THEIR LANGUAGE & END ABUSE
 BEING SUPPORTIVE OF YOUNG PEOPLES DECISIONS
 SHOW SUPPORT TO TRIBAL YOUTH COUNCILS & CLUBS

YOUNG INDIGENOUS FOLX CAN CREATE CHANGE BY
 1. SUPPORTING OTHER YOUNG PEOPLE & THEIR EFFORTS
 2. PLAN A RALLY OR MARCH IN YOUR COMMUNITY WITH YOUR FRIENDS!!!
 3. SPREAD AWARENESS ON INDIGENOUS ISSUES
 4. CREATE OR JOIN YOUR LOCAL TRIBAL YOUTH COUNCIL