

# DOMESTIC VIOLENCE PERSONALIZED SAFETY PLAN FOR TRIBAL AND URBAN INDIANS

Name: \_\_\_\_\_ Date: \_\_\_\_\_

The following steps represent my plan for increasing my safety and preparing in advance for the possibility of further violence. Although, I do not have control over my partner’s violence, I do have a choice about how to respond to a batterer and how to best get myself, those who I am responsible for and my children to safety.

**STEP 1: Safety during a violent incident. *A Victim cannot always avoid violent incidents. In order to increase my safety, I may use a variety of strategies.***

I can use some of the following strategies:

A. If I decide to leave, I will \_\_\_\_\_

\_\_\_\_\_

(Practice how to get out of the house safely. What doors, windows, elevators, stairwells or fire escapes would you use?)